Hei ja tervetuloa Helsinkiin! Hej och välkommen till Helsingfors! Hi and welcome to Helsinki!

The Finnish Junior Doctors' Association is pleased to invite you to the European Junior Doctors' Spring Meeting 2022 from 27 to 28 May in Helsinki. The northernmost EU capital city with one of the highest urban standards of living in the world is located on the tip of a peninsula and on 315 islands. It's a sprawling city with plenty of public saunas, chefs reinventing the Nordic cuisine and beautiful views of the Gulf of Finland.

Please see the registration form in the cover email, the last date for registration is **24 April**.

## Date: 27-28 May 2022

Location of the Spring Meeting: Paasitorni (paasitorni.fi)

Please choose from the following two accommodation possibilities:

## Scandic Paasi

We have reserved a contingent of rooms in <u>Hotel Scandic Paasi</u> which is directly connected to the meeting venue. The room can be booked for **26–29 May** (single room EUR 129 and double room EUR 149 per night) using booking code BNUO260522 **until 12 May**. The most direct connection from the airport to the hotel is via bus 615 or 617 to station Hakaniemi, from there it is just 150m by foot.

## Hilton Helsinki Strand

We have also reserved a contingent of rooms in Hotel Hilton Helsinki Strand 500 m from the Paasitorni meeting venue. The room can be booked for **25–29 May** as long as there are rooms available (you receive a 10% discount by using the code). Reserve <u>here</u> (link) and use the code CMTG10. The most direct connection from the airport to the hotel is via bus 615 or 617 to station Hakaniemi, from there it is just 150m by foot.

Please note that the Ice Hockey World Championship Finals will be held in Finland on the same weekend. We therefore strongly recommend that you make the hotel reservations as soon as possible.

An updated program will be sent to all registered guests in the upcoming weeks. More information on Helsinki via myhelsinki.fi, for public transport we recommend the HSL app.

We look forward to two days of fascinating discussions, productive meetings and sharing stories in the cozy warmth of the Finnish sauna!

On behalf of the organizing committee

Lauri Husa Board member responsible for international affairs Finnish Junior Doctors' Association / Nuorten Lääkärien Yhdistys





Nuorten Lääkärien Yhdistys Yngre Läkares Förening Junior Doctors' Association in Finland



European Junior Doctors